

Posttest

If you wish to receive continuing education credit for this program, you must complete this posttest. Each question below contains four suggested answers, of which **one** or **more** is correct. Choose the answer:

- A if **1, 2, and 3** are correct
- B if **1 and 3** are correct
- C if **2 and 4** are correct
- D if **4** is correct
- E if **1, 2, 3, and 4** are correct

22. Which of the following statements regarding diagnosis of environmental diseases are true?

- (1) Extensive knowledge of toxicology is necessary.
- (2) Signs and symptoms of environmental diseases are often specific and never similar to common maladies.
- (3) Extensive laboratory and environmental testing is always necessary in making a diagnosis.
- (4) Signs and symptoms, onset and temporal pattern, physical examination, and laboratory results are important in making a diagnosis.

23. Goals of an exposure history are

- (1) identifying past and present toxic exposures.
- (2) ending the patient's exposure to toxins.
- (3) proper treatment of the patient's illness.
- (4) identifying safety hazards to the patient.

24. Angina pectoris can be exacerbated by which of the following?

- (1) Carbon tetrachloride
- (2) Methylene chloride
- (3) Asbestos
- (4) Carbon monoxide

25. Which of the following statements are true?

- (1) The completed form may alert the clinician to a significant past exposure.
- (2) The completed form can be used to evaluate the patient's present complaint and also as a database for future use.
- (3) The forms can be self-administered.
- (4) Complete evaluation of the form is necessary in every clinical situation.

26. Which of the following statements are true?

- (1) Hobbies can be sources of toxic exposure to all household members.
- (2) Family pets' health and behavior can give clues to toxic exposure in the home.
- (3) People often do not know the names of the toxicant to which they are routinely exposed.
- (4) Labels required by law on household products are adequate in identifying product constituents.

27. Sources of information that may be helpful to the clinician in treating and managing an exposed patient include the following:

- (1) MSDSs
- (2) Poison control centers
- (3) AOECs
- (4) None of the above choices

28. Sources of consultation in evaluating a potentially exposed patient include the following:

- (1) Industrial hygienists
- (2) Toxicologists
- (3) Public health departments
- (4) Occupational specialists

29. Which of the following statements regarding the exposure history process are true?

- (1) Exploring the temporal aspects of signs and symptoms can provide clues to the source of exposure.
- (2) Knowing job titles is necessary when attempting to identify toxic exposures.
- (3) The clinician must engage the patient in a dialogue that explores possibilities in detail.
- (4) Employment handbooks are the best printed source to detail information on toxic exposures.

Note to Nurses

CDC is accredited by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation. ANCC credit is accepted by most State Boards of Nursing.

California nurses should write in "ANCC - Self-Study" for this course when applying for relicensure. A provider number is **not** needed.

Iowa nurses must be granted special approval from the Iowa Board of Nursing. Call 515-281-4823 or e-mail marmago@bon.state.ia.us to obtain the necessary application.